

Belegungsplan

TVN Halle und Fitnessraum



	Montag		Dienstag		Mittwoch		Donnerstag		Freitag		Samstag	
	Fitness- raum	Halle	Fitness- raum	Halle	Fitness- raum	Halle	Fitness- raum	Halle	Fitness- raum	Halle	Fitness- raum	Halle
9:00												
9:15												
9:30		9.15-10.30 Turnen Fit & mobil ab 60 Jahren	09.30 - 10.30 Turnen				9.30-10.30 Tanzen Linedance	09.15 - 10.30 Turnen Seniorfit beweglich u. aktiv ab 60 Jahren				
9:45												
10:00												
10:15												
10:30				10.00-12.00 Polspo Okt-April							10.00 - 14.00 Tanz Garde	10.00 – 14.00 Tanz Garde
10:45	10.30-11.30 Turnen Stabil durch den Alltag	10.30 -12.00 Badmint on										
11:00												
11:15												
11:30												
11:45												
12:00												
12:15												
12:30												
12:45												
13:00	Eltern/Kind Handball											
13:15												
13:30												
13:45												
14:00		Stadt/Schule										
14:15												
14:30												
14:45												
15:00												
15:15												
15:30												
15:45												
16:00												
16:15												
16:30	16.30 - 17.30 Budokan		16.30 - 17.30 Budokan									
16:45	Wettkampf Training Kinder		16.30 - 17.30 Budokan Karate- Kinder									
17:00			16.30 - 17.30 Budokan Karate- Kinder									
17:15			16.30 - 17.30 Budokan Karate- Kinder									
17:30			16.30 - 17.30 Budokan Karate- Kinder									
17:45			16.30 - 17.30 Budokan Karate- Kinder									
18:00	17.30 - 19.00 FREI		16.30 - 17.30 Budokan Karate- Kinder									
18:15			16.30 - 17.30 Budokan Karate- Kinder									
18:30			16.30 - 17.30 Budokan Karate- Kinder									
18:45			16.30 - 17.30 Budokan Karate- Kinder									
19:00	19.00 - 20.00 Turnen		16.30 - 17.30 Budokan Karate- Kinder									
19:15			16.30 - 17.30 Budokan Karate- Kinder									
19:30			16.30 - 17.30 Budokan Karate- Kinder									
19:45			16.30 - 17.30 Budokan Karate- Kinder									
20:00	20.00- 21.00 Turnen		16.30 - 17.30 Budokan Karate- Kinder									
20:15			16.30 - 17.30 Budokan Karate- Kinder									
20:30			16.30 - 17.30 Budokan Karate- Kinder									
20:45			16.30 - 17.30 Budokan Karate- Kinder									
21:00			16.30 - 17.30 Budokan Karate- Kinder									
21:15			16.30 - 17.30 Budokan Karate- Kinder									
21:30			16.30 - 17.30 Budokan Karate- Kinder									
21:45			16.30 - 17.30 Budokan Karate- Kinder									
22:00			16.30 - 17.30 Budokan Karate- Kinder									
22:15			16.30 - 17.30 Budokan Karate- Kinder									
22:30			16.30 - 17.30 Budokan Karate- Kinder									

Stand: 2025